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This goal is achieved using a 5-aminolevulinic acid ester (E-ALA) such as that defined in the preamble, characterized in that the concentration \underline{C} of E-ALA in the solution is less than 1% and ranges from 0.01% to 0.5% (0.01% $\leq \underline{C} \leq$ 0.5%).

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The solution can be completed by the addition of a complementary substance to prevent the PpIX from transforming into a heme by iron complexing in the living cells. This complementary substance may be an EDTA (tetra acetate diaminoethyl), deferroxamine or desferal.

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19. (NEW) A solution to be administered to a patient for at least one of diagnosis and treatment of tissue or a cell lesion by localized irradiation using a beam emitted by a source of light energy, the solution comprising an ester of 5-aminolevulinic acid (E-ALA) for generating protoporphyrin IX (PpIX);

wherein a concentration of the ester of 5-aminolevulinic acid (E-ALA) in the solution is less than 1% by weight.

- 20. (NEW) The solution according to claim 19, wherein the concentration of ester of 5-aminolevulinic acid (E-ALA) in the solution ranges between 0.01% by weight to 0.5% by weight.
- 21. (NEW) The solution according to claim 19, wherein the ester of 5-aminolevulinic acid (E-ALA) is a hexylester of 5-aminolevulinic acid (h-ALA).
- 22. (NEW) The solution according to claim 19, wherein the solution is produced by dissolving the ester of 5-aminolevulinic acid (E-ALA) in a solvent which is compatible with a human organism.
- 23. (NEW) The solution according to claim 22, wherein the solvent is selected from the group consisting of sterilized water, physiological NaCl solution, a phosphate buffer solution and alcohol.
- 24. (NEW) The solution according to claim 22, wherein a PH of the solution is adjusted by a component to a physiological value ranging from 4.8 to 8.1.
- 25. (NEW) The solution according to claim 19, wherein the solution comprises a complementary substance for preventing transformation of the protoporphyrin IX (PpIX) into a heme by iron complexing in the cells.
- 26. (NEW) The solution according to claim 25, wherein the complementary substance is an diaminoethyl tetra acetate (EDTA).
- 27. (NEW) The solution according to claim 25, wherein the complementary substance is deferroxamine.
- 28. (NEW) The solution according to claim 25, wherein the complementary substance is desferal.
- 29. (NEW) The solution according to claim 19, wherein the solution is produced by dissolving the ester of 5-aminolevulinic acid (E-ALA) in a solvent which is compatible with an animal organism.

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- 30. (NEW) The solution according to claim 29, wherein the solvent is selected from the group consisting of sterilized water, physiological NaCl solution, a phosphate buffer solution and alcohol.
- 31. (NEW) The solution according to claim 29, wherein a PH of the solution is adjusted by a component to a physiological value ranging from 4.8 to 8.1.
- 32. (NEW) The solution according to claim 19, wherein, following administering the Solution to the patient and irradiation of the tissue or the cell lesion by the source of light energy, a fluorescence emitted by protoporphyrin IX (PpIX) generated by the ester of 5-aminolevulinic acid (E-ALA) contained in the solution is detected to facilitate diagnoses of the tissue or the cell lesion.
- (NEW) A solution to be administered to a patient for at least one of diagnosis and treatment of tissue or a cell lesion by localized irradiation using a beam emitted by a source of light energy, the solution comprising an ester of 5-aminolevulinic acid (E-ALA) for generating protoporphy in IX (PpIX);

wherein a concentration of the ester of 5-aminolevulinic acid (E-ALA) in the solution is less than 1% by weight, which is produced by dissolving the ester of 5-aminolevulinic acid (E-ALA) in a solvent which is compatible with a living organism;

a PH of the solution ranges from 4.8 to 8.1;

the solution has a complementary substance for preventing transformation of protoporphyrin IX (PpIX) into a heme by iron complexing in live cells, and the complementary substance is selected from the group comprising an diaminoethyl tetra acetate (EDTA), deferroxamine and desferal.

- 34. (NEW) The solution according to claim 33, wherein the concentration of ester of 5-aminolevulinic acid (E-ALA) in the solution ranges between 0.01% by weight to 0.5% by weight.
- 35. (NEW) The solution according to claim 34, wherein, following administering the solution to the patient and irradiation of the tissue or the cell lesion by the source of light energy, a fluorescence emitted by protoporphyrin IX (PpIX) generated by the ester of 5-aminolevulinic acid (E-ALA) contained in the solution is detected to facilitate diagnoses of the tissue or the cell lesion.

